

Quarterly Newsletter of MILAD

APRIL - JUNE 2022



大马残障自立协会
MALAYSIA INDEPENDENT
LIVING ASSOCIATION FOR DISABLED
(PPM-005-10-02112017)

A Look into MILAD's Recent Achievements and Initiatives

Welcome to the latest issue of MILAD's newsletter. In this edition, we are proud to share the many accomplishments and activities of our organization and the OKU community. From trips and events to donations and partnerships, we have been busy working towards our goal of empowering and supporting people with disabilities.

We are also excited to showcase the achievements of our staff and community members, who have demonstrated their resilience and determination in the face of challenges. We hope that their stories inspire others and encourage greater understanding and inclusivity in our society.

We would like to express our gratitude to our donors, partners, and supporters who have enabled us to carry out our mission and make a positive impact on the lives of those we serve. We hope that this newsletter serves as a reminder of the importance of continued advocacy and support for the OKU community, and inspires others to join us in this endeavor.

Thank you for your continued support, and we hope you enjoy reading this issue of our newsletter.

Newsletter Highlights

DISABILITY EQUALITY
TRAINING

FREE HAIRCUT SERVICE

MILAD'S TRIP TO PORT
DICKSON

FAREWELL TO THE
GIFT OF LIFE SOCIETY

DONATION BY THE
COMMUNITY CARE
ENRICHMENT
PROGRAMME

DONATION OF FANS BY
PERSATUAN
KEBAJIKAN 29

WHEELCHAIR
DONATION

MILAD DANCING TEAM
SHINES AT LAMAN
MBPJ



Disability Equality Training at MyAngkasa Langkawi

MyAngkasa Langkawi recently organized a Disability Equality Training event on April 6th, 2022. The training was delivered by the president of MILAD, Pastor Sia, to the staff of MyAngkasa Langkawi. The objective of the training was to raise awareness about disability equality and inclusivity and identify action steps to make their organization and activities inclusive of persons with disabilities.

The training was well-received, and the participants gained valuable insights and techniques to create an environment that is conducive to the needs of persons with disabilities. Pastor Sia led the participants through an introduction to disability equality and the importance of inclusivity, followed by practical exercises and discussions on how to identify and remove barriers to accessibility.

At the end of the training, the participants were asked to identify action steps to make their organization and activities more inclusive for persons with disabilities. They came up with many creative ideas and solutions, such as providing training sessions for staff, installing ramps and accessibility features, and ensuring that all communication is accessible to everyone.

Overall, the Disability Equality Training event was a great success, and the participants left with a greater understanding of disability equality and inclusivity. MyAngkasa Langkawi is committed to working towards making their organization and activities accessible to everyone, including persons with disabilities, and they look forward to implementing the action steps identified during the training.

Free Haircut service

MILAD is delighted to express our gratitude to Frankie and his team for providing free haircut services to the disabled community. Their compassionate and generous act has had a significant impact on the lives of many individuals with disabilities who often face challenges in accessing basic services.

The free haircut service provided by Frankie and his team has created an inclusive environment where individuals with disabilities feel welcomed and valued. It has also given them the opportunity to maintain their personal grooming needs, which is essential for their overall well-being.

They are an inspiration to us all, and their actions demonstrate the power of kindness and the impact it can have on people's lives.

Together, we can make a difference and create a world where everyone has equal access to basic services and opportunities.





MILAD's Trip to Port Dickson

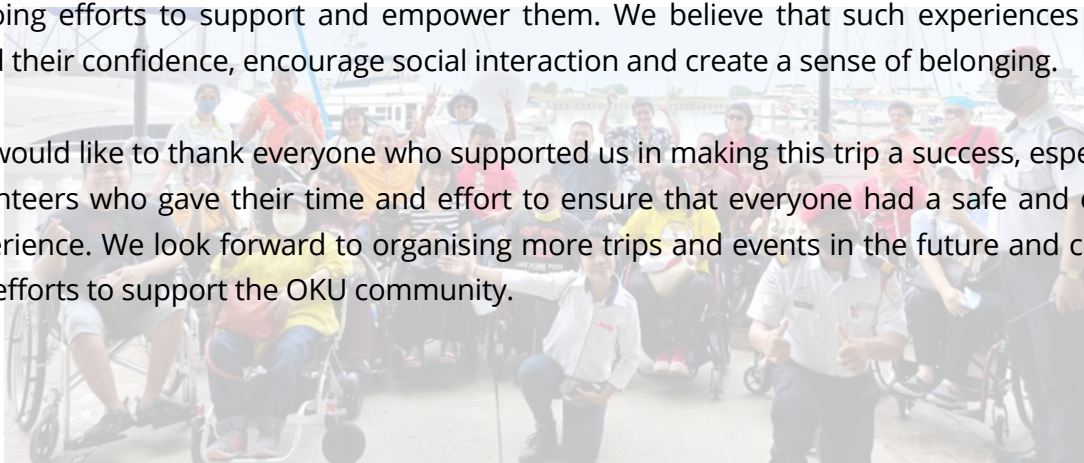
MILAD recently organised a trip to Port Dickson from 18th April to 20th April 2022. The trip was a great success, and the OKU community had the opportunity to enjoy a fun-filled break away from home, meet new friends, and support each other in a different environment.

During the trip, the participants learned to travel independently on public transportation, which was a valuable and empowering experience for them. They were able to explore and enjoy the serene beauty of nature while cruising and had the opportunity to reconnect with old friends and make new ones.

The trip was not only enjoyable but also had a positive impact on the mental and emotional well-being of the participants. They were able to relax, unwind, and forget about their daily stresses and challenges, even if it was for a short period.

MILAD is committed to organising such trips and events for the OKU community as part of our ongoing efforts to support and empower them. We believe that such experiences can help build their confidence, encourage social interaction and create a sense of belonging.

We would like to thank everyone who supported us in making this trip a success, especially the volunteers who gave their time and effort to ensure that everyone had a safe and enjoyable experience. We look forward to organising more trips and events in the future and continuing our efforts to support the OKU community.





Farewell to the Gift of Life Society

It is with a heavy heart that MILAD announces the dissolution of the Gift of Life Society. This decision was made after several years of working together to support the OKU community. Although it is sad to see the society come to an end, we are grateful for the lifelong friendships that were formed during our collaboration.

We would like to extend our sincerest gratitude and appreciation to the President of the Gift of Life Society, Wendy Chan Yim Ching, for her dedication and commitment to the disabled communities for more than 20 years. Wendy and her team have been instrumental in many of the works that MILAD has been able to achieve, and we could not have done it without them.

Their tireless efforts and unwavering support have touched the lives of many individuals with disabilities and their families. Wendy's leadership and passion have inspired us all to continue working towards creating a more inclusive and equitable society for everyone.

As we bid farewell to the Gift of Life Society, we want to thank Wendy and her team for the impact they have made on our lives and the OKU community. Their legacy will live on, and we will continue to honor their work by carrying on their mission to empower and support individuals with disabilities.

MILAD is committed to continuing our efforts to improve the lives of individuals with disabilities and creating a world where everyone has equal opportunities and access to basic services. We will always cherish the memories and friendships that were formed during our time working with the Gift of Life Society.



Donation by the Community Care Enrichment Programme

Vice Chairman of 扶貧計劃協會 Community Care Enrichment Programme. During their visit, they met with members of the OKU community and learned more about MILAD's efforts to support individuals with disabilities.

As a show of support, 扶貧計劃協會 Community Care Enrichment Programme generously donated to MILAD to help fund our ongoing programs and services. This donation will go a long way in supporting our mission to empower individuals with disabilities and create a more inclusive society.

Ms. Yee Poo Yoon and Mr. Lim Chin Chuan expressed their admiration for MILAD's work and their commitment to supporting individuals with disabilities. They were impressed by the dedication and passion of the MILAD team and the positive impact our programs have on the OKU community.

MILAD would like to extend our heartfelt gratitude to 扶貧計劃協會 Community Care Enrichment Programme for their generosity and support. Their donation will enable us to continue providing vital services and support to individuals with disabilities and their families. We remain committed to our mission of creating a more inclusive society, and we look forward to working together with partners like 扶貧計劃協會 Community Care Enrichment Programme to achieve this goal.

MILAD would like to extend our heartfelt gratitude to Persatuan Kebajikan 29 for their generous donation of five fans to help those in need. The donation was handed out to the OKU community, who have been struggling with the scorching heat during the recent hot weather.

The fans provided much-needed relief to the individuals with disabilities, making their living conditions more comfortable. This act of kindness by Persatuan Kebajikan 29 is greatly appreciated by the OKU community and MILAD.

MILAD recognizes the importance of such donations as they significantly impact the lives of individuals with disabilities. It is heartening to see communities coming together to support those in need, and we hope this gesture will inspire others to do the same.

Once again, MILAD would like to express our sincere appreciation to Persatuan Kebajikan 29 for being a community hero and supporting the OKU community in their time of need.

Donation of Fans by Persatuan Kebajikan 29 Provides Relief to the OKU Community





YB Lim Lip Eng Donates Wheelchairs to the OKU Community

MILAD would like to express their heartfelt appreciation to YB Lim Lip Eng for his unwavering support towards the OKU community. YB Lim Lip Eng has once again donated wheelchairs to those in need of mobility assistance.

This act of kindness by YB Lim Lip Eng has provided much-needed relief to individuals with disabilities who were previously struggling to move around independently. The donation of wheelchairs has undoubtedly made a significant impact on their daily lives, enabling them to move around more comfortably and with greater ease.

MILAD recognizes the importance of such donations as they significantly impact the lives of individuals with disabilities. It is heartening to see individuals like YB Lim Lip Eng coming forward to support the OKU community and making a difference in their lives.

Once again, MILAD would like to express their sincere gratitude to YB Lim Lip Eng for his generosity and unwavering support towards the OKU community. His continuous support is highly appreciated, and it is hoped that this gesture will inspire others to follow in his footsteps and lend their support towards the betterment of the OKU community.



MILAD Dancing Team Shines at Laman MBPJ Anniversary Celebration



MILAD's dancing team put on a memorable performance at the Laman MBPJ Anniversary Celebration, held recently in Petaling Jaya. The team, which included both staff members and members of the OKU community, showcased their talent and determination, with even those in wheelchairs joining in on the fun.

The performance was a testament to the unity in diversity that MILAD champions, and the team received resounding applause from the audience. MILAD would like to express their gratitude to MBPJ for the opportunity to participate in the event and for supporting inclusive activities for the OKU community. Congratulations to MBPJ on their anniversary, and to MILAD's dancing team for their outstanding performance!

DONATION PLEDGE FORM

I (WE) WOULD LIKE TO PLEDGE TO MILAD

NAME(S) MAKING PLEDGE:

TOTAL AMOUNT OF PLEDGE:

ADDRESS:

.....

.....

PHONE:

EMAIL:

**MALAYSIA INDEPENDENT LIVING
ASSOCIATION FOR DISABLED**

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Malaysia Independent Living Association for Disabled (“MILAD”) is a non-governmental and non-profit organisation run by a group of people with disabilities, to help people with disabilities toward Independent Living, regardless of their background, race and religion.

OUR VISION

It is our vision to establish a society that embraces the concept of Independent Living which promotes the disabled peoples full inclusion and participation in the community, wherein the disabled people are given the same life opportunities and the same choices in everyday life that the non-disabled people take for granted.



OUR GOAL

Our goal is to train, equip and empower the people with disabilities to live independently, and at the same time advocating for equal rights and opportunities for them. We strive toward creating awareness so that the general public will have the right perspective toward disability and people with disabilities, and hence able to help transform the society to allow full inclusion and participation at every possible level by the disabled people.

